



Foundations Frameworks

Approach to CHF Exacerbations

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What type of CHF Exacerbation is it?



Stable, Mild CHF Exacerbation

SCAPE: Sympathetic Surge,
Crash, Acute Pulmonary Edema

Cardiogenic Shock

Type

Presentation



Normotensive, not
requiring resp support,
mild edema and SOB

Hypertensive (SBP >
180, hypoxic,
tachypneic, in extremis,
diffuse rales

Hypotensive, cold and
clamped down, AMS,
CP, SOB

Goals/Treatment



- a. Admit to floor
- b. One time dose of diuretics, nitrates, oxygen

- Goals:
- Reduce afterload, reduce preload, lower blood pressure, oxygenate

- Goals:
- Stabilize
 - Improve BP and forward flow



- a. Access, monitors, pads
- b. Nitrates: SL -> IV drip
- c. CPAP/BiPAP
- d. ACE-I or nicardipine
- e. Diuretics

- a. Intubate if necessary
- b. Central access
- c. Small fluid bolus
- d. Dobutamine, NE